

BY KEEPING YOU IN THE NEWS

Essex Short Breaks Clubs and Activities Spring 2020



ACTION FOR CHILDREN

WORKS

A short break for Bobby

Means catching up with his mates

Means practising new skills

Means something he can rely on Means Mum and Dad get to catch up

Means a breather for the family

Means something they can rely on

ACTION FOR CHILDREN

WORKS

HOW

Who are Essex Short Breaks Clubs and Activities?

Essex Short Breaks Clubs and Activities give children and young people the chance to take part in fun activities, experiences and life skills. Helping them to develop their independence, make new friends and try new things. It also gives families time to do things they may not otherwise be able to do together. Essex Short Breaks partner with clubs and activities running across Essex. We support and develop those clubs and activities responding to need and family feedback. We also provide advice and signposting for parents who register with our service.

Join our mailing list to receive news about clubs and activities in your local area, regular newsletters and invitations to events run by Essex Short Breaks, our providers and partner organisations.

You can access short break activities and clubs for children and young people with a disability if:

- You live within the administrative boundaries of Essex County Council* (excluding Southend and Thurrock local authority areas)
- You are aged between 0 and 18
- You are aged 19 to 25 and have a personal budget
- You have a diagnosis of special educational needs and / or a disability

Do you have your Short Breaks passport ID?

*Please note: children and young people fostered in Essex, but looked after by another Local Authority, are not eligible for a Short Breaks passport id number. They can access short breaks clubs with funding from their Local Authority through their care plan, paying the provider directly for sessions attended. Register for Shortbreaks online at: <u>https://shortbreaks.essex.gov.uk/</u> to receive a passport id with which to access clubs, book caravans, etc.

All our providers carry out registration and assessment prior to children or young people attending clubs and activities.

See below for details of our providers across Essex:



Any questions? Get in touch with our team:

Telephone 07540 919616 or 01376 555260

Email EssexShortbreaks @actionforchildren.org.uk

Find us on Facebook www.facebook.com/ short.breaks.clubs.activities.essex

Or via our website services.actionforchildren.org.uk/ essex-short-breaks-clubs-andactivities/

InterAct Holiday Activity Programme



InterAct

| Description of activities | A programme of Easter and half-term holiday activities |
|--|--|
| Dates of club or event | Easter Activities: Tues 7th April – Gaming Bus and Jump Street Wed 8th to Thurs 9th April – Essex Boys and Girls Club Overnight Tues 14th April – High Ropes and Counter Culture Wed 15th April – Lunch & Pop Divas at Chelmsford Civic Theatre Thurs 16th April – Murder Mystery Hunt and Escape Rooms Half-term Activities: Tues 26th May – Canalability Thurs 28th May – Essex Boys and Girls Club outdoor activities Fri 29th May – Clip & Climb and Jump Street, followed by BBQ |
| PROVIDER? | InterAct |
| WHO? | Young people with additional needs / disabilities aged 10-18 years |
| WHERE? Venue or meeting place | Trips to various venues. Meeting at Moulsham Mill, Chelmsford CM2 7PX unless otherwise stated, please check programme for details. Meet for Essex Boys and Girls Club activities St Mary's Church behind Layer Marney Tower, CO5 9UX |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | Please see programme: http://www.interact.org.uk/activities/young-people/activity- programmes-and-booking-form |
| HOW MUCH? TO BOOK Contact details | Please see programme www.interact.org.uk/booknow For more info: 01245 608206 |
| | youngpeopleteam@interact.org.uk |

InterAct Term-time Activities - Braintree

Description of activities Term-time evening youth club including trips out Every Thursday night for 2 hours term-time Dates of club or event **PROVIDER?** InterAct WHO? Young people with additional needs / disabilities aged 10-18 years WHERE? Various venues in and around Braintree ANYTHING ELSE I SHOULD KNOW? Please see programme: Any lunch or other arrangements, restrictions http://www.interact.org.uk/activities/young-people/activityor kit to bring programmes-and-booking-form HOW MUCH? Please see programme то воок www.interact.org.uk/booknow Contact details For more info: 01245 608206 youngpeopleteam@interact.org.uk

InterAct Term-time Activities - Chelmsford



| Description of activities | Term-time evening youth club including trips out |
|--|--|
| Dates of club or event | Every Wednesday night for 2 hours term-time |
| PROVIDER? | InterAct |
| WHO? | Young people with additional needs / disabilities aged 10-18 years |
| WHERE? | Various venues in and around Chelmsford |
| | |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | Please see programme: http://www.interact.org.uk/activities/young-people/activity- programmes-and-booking-form |
| Any lunch or other arrangements, restrictions | http://www.interact.org.uk/activities/young-people/activity- |

Coz Club

InterAct

| Description of activities | Centre-based youth group including activities from baking to board games |
|--|--|
| Dates of club or event | Every Friday night for 3 hours term-time |
| PROVIDER? | InterAct |
| WHO? | Young people with additional needs / disabilities aged 10-18 years |
| WHERE? | Moulsham Mill, Chelmsford |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | Please see programme: http://www.interact.org.uk/activities/young-people/activity- programmes-and-booking-form |
| HOW MUCH? | Please see programme |
| TO BOOK Contact details | www.interact.org.uk/booknow For more info: 01245 608206 youngpeopleteam@interact.org.uk |



Multi sports sessions

Description of activities

Sporting opportunities in mainstream facilities for people who face barriers to participation. All sessions are supported by a health professional and are fun and inclusive



Sessions over Easter:

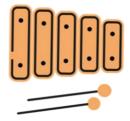
| Chelmsford Riverside - Thursdays 9th and 16th April 1.30-3.30pm Witham Leisure Centre - Monday 6th April 1-3pm, Friday 17th April 12-2pm. Further dates tbc for May half-term |
|--|
| Sport for Confidence |
| Young people aged 6 – 13 years |
| Chelmsford Riverside Leisure Centre, Victoria Rd, Chelmsford CM1 1FG |
| Witham Leisure Centre, Spinks Lane, Witham CM8 1EP |
| Siblings welcome, places to be booked in advance |
| Please note that Witham now operates a cashless system |
| £5 per participant per two-hour session |
| For booking and information email info@sportforconfidence.com |
| |



Discovery Club

| Description of activities | Various trips out and in-house activities |
|---|---|
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| Dates of club or event | Easter Holiday and May half-term |
| PROVIDER? | Columbus Discovery Club |
| WHO? | 3 to 19 years |
| WHERE? | Columbus College, Chelmsford |
| ANYTHING ELSE I SHOULD KNOW? | Packed lunch required. |
| Any lunch or other arrangements, restrictions or kit to bring | Swim kit for in house days |
| HOW MUCH? | £30 for in-house activities, £40 for trips out, £50 for long days. |
| TO BOOK Contact details | Booking form must be completed, these can be found at: <u>www.columbusschoolandcollege.org</u> please email forms to <u>slambert@columbusschoolandcollege.org</u> |





PARC After school Activity Programme



| Description of activities | Afterschool activity programme including life skills and activity courses |
|----------------------------|---|
| Dates of club or event | Every Monday, Tuesday and Thursday term-time 3.30pm to 6 / 7pm |
| PROVIDER? | PARC (Essex) |
| WHO? | Children and Young people aged between 6 and 19 years |
| WHERE? | PARC (Essex) Centre, Great Notley Country Park, CM77 7FS |
| HOW MUCH? | £15.50 - £23 per session |
| TO BOOK Contact details | Call 01376 528 999 or email info@parc-essex.co.uk |

Under 5's Sessions



| Description of activities | Child-led play sessions for Under 5's |
|----------------------------|---|
| Dates of club or event | Term-time only |
| PROVIDER? | PARC (Essex) |
| WHO? | Children with additional needs under the age of 5 |
| WHERE? | PARC (Essex) Great Notley Country Park, CM77 7FS |
| HOW MUCH? | £7 for Stay and Play £15.50 for 1:1 support |
| TO BOOK Contact details | Call 01376 528 999 or email info@parc-essex.co.uk |

Easter Holiday Activity Programme



| Description of activities | Easter Holiday Activity Programme |
|------------------------------|---|
| Dates of club or event | Easter Holidays 6th April to 17th April |
| PROVIDER? | PARC (Essex) |
| WHO? | Children and Young people aged between 6 and 19 years |
| WHERE? | PARC (Essex) Great Notley Country Park, CM77 7FS |
| ANYTHING ELSE I SHOULD KNOW? | Please provide a packed lunch |
| HOW MUCH? | £23 Half day session £52 Full day session |
| то воок | Call 01376 528 999 or email info@parc-essex.co.uk |

Easter Fun Day



| Description of activities | Easter fun and games, with arts & crafts, Easter egg hunt and entertainment |
|----------------------------|---|
| Dates of club or event | 29th March 2020 11am to 2pm |
| PROVIDER? | PARC (Essex) |
| WHO? | All |
| WHERE? | PARC (Essex) Centre, Great Notley Country Park, CM77 7FS |
| HOW MUCH? | £5 per child |
| TO BOOK Contact details | Call 01376 528 999 for more details. To book online got to: https://parcessex.wufoo.com/forms/rqbnczk1qu9m8z/ |



2020 Easter Fun Day

Sunday, 29th March 2020

Come and join us for an Easter Egg hunt and fun activities for all the family.



Saturday Club



| Description of activities | Play activities for the whole family every Saturday. Arts and Crafts and a qualified trampoline coach available each week and Gymnastic coach/circuit fortnightly. |
|---------------------------|--|
| Dates of club or event | Every Saturday afternoon from 3.30pm to 5.30pm |
| PROVIDER? | Families InFocus (Essex) |
| WHO? | Play activities for children with SEND and siblings, accompanied by their parents/carers. |
| WHERE? | Chelmsford Sport & Athletics Centre, Salerno Way, CM1 2EH |
| HOW MUCH? | £2 per child |
| ТО ВООК | For further details call 01245 353575 or email: <u>helpline@familiesinfocusessex.org.uk</u> |

Easter Holiday Sessions

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| Para dance |

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Para dance

| Description of activities | Easter fun! Dancing, social time, egg box decorating and treats! Refreshments for grown-ups Booking essential, limited spaces – going fast! |
|----------------------------|---|
| Dates of club or event | Thursday 16th April 1pm - 2.30pm |
| PROVIDER? | diddi dance North Essex and South Suffolk |
| WHO? | diddi dancers off all ages, siblings welcome |
| WHERE? | Hatfield Peverel Village Hall, Essex |
| HOW MUCH? | £4 per child for 1hr 30 min session |
| TO BOOK Contact details | Charlotte on 07722 605 395 / <u>charlotte.foxley@diddidance.com</u> or go to: <u>https://www.diddidance.com/diddi-dance-north-essex/</u> |

Easter Holiday Sessions

| Description of activities | Hatfield Peverel Wheelchair Dance PMLD young people Easter fun! Dancing, social time, refreshments for grown-ups. Booking essential – only 4 places left! |
|----------------------------|--|
| Dates of club or event | Thursday 16th April 2pm - 3.30pm |
| PROVIDER? | diddi dance North Essex and South Suffolk |
| WHO? | Young People of all ages using wheelchairs and walking aids, siblings welcome |
| WHERE? | Hatfield Peverel Village Hall, Essex |
| HOW MUCH? | £4 |
| TO BOOK Contact details | Charlotte on 07722 605 395 / <u>charlotte.foxley@diddidance.com</u> or go to: <u>https://www.diddidance.com/diddi-dance-north-essex/</u> |

Cool Connections Harlow



accüro

| Description of activities | 'Short Break' Evening Youth Club |
|----------------------------|--|
| Dates of club or event | Term time only - Mondays 19.00 - 21.00 |
| PROVIDER? | Accuro (Care Services) |
| WHO? | 11-19 year olds who have a disability and are registered with Accuro |
| WHERE? | The Xperience Centre, Broadley Common, Harlow, CM19 5RD |
| HOW MUCH? | £5 per hour |
| TO BOOK Contact details | Contact Club Co-ordinator Maria Flynn 01279 870297 or email enquiries@accuro.org.uk |

Uttlesford U19 Clubs

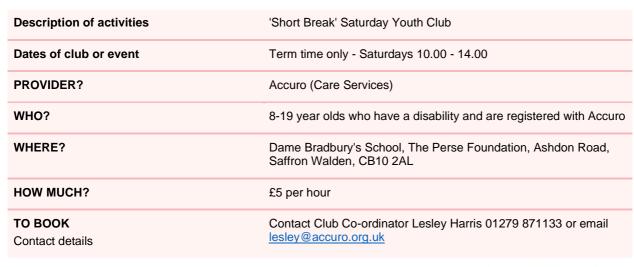
| Description of activities | 'Short Break' Evening Youth Club |
|----------------------------|---|
| Dates of club or event | Term time only Saffron Walden: Mondays 18.30 - 20.30 Great Dunmow: Wednesdays 18.30 - 20.30 |
| PROVIDER? | Accuro (Care Services) |
| WHO? | 11-19 year olds who have a disability and are registered with Accuro |
| WHERE? | Mondays at the Multi Centre, 39 Audley Road, Saffron Walden, CB11 3HD Wednesdays at Dunmow Youth Centre, North Street, Great Dunmow, CM6 1AZ |
| HOW MUCH? | £5 per hour |
| TO BOOK Contact details | Contact Club Co-ordinator Lucy Hammond 01279 870297 or email lucy@accuro.org.uk |

Loughton Youth Group



| Description of activities | 'Short Break' Evening Youth Club |
|----------------------------|---|
| Dates of club or event | Term time only - Tuesdays 18.00 - 20.00 |
| PROVIDER? | Accuro (Care Services) |
| WHO? | 11-19 year olds who have a disability and are registered with Accuro |
| WHERE? | Loughton Youth Centre, 106 Borders Lane, Loughton, IG10 3SB |
| HOW MUCH? | £5 per hour |
| TO BOOK Contact details | Contact Club Co-ordinator Graham Broad 01279 870297 or email enquiries@accuro.org.uk |

Saturday Play Club Saffron Walden



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Working together for Harlow

Accuro Holiday Scheme

| Description of activities | 'Short Break' holiday scheme providing a range of leisure and social day activities including: Pottery Workshop, Detective Training, Bowling, Pokemon Clay Art, Karaoke and Robot Building. |
|------------------------------|---|
| Dates of club or event | Activities will be provided during Easter and May half-term holidays |
| PROVIDER? | Accuro (Care Services) |
| WHO? | 8-19 year olds who have a disability and are registered with Accuro |
| WHERE? | Various locations and at venues in West Essex |
| ANYTHING ELSE I SHOULD KNOW? | All children accessing the Accuro Holiday Scheme must be registered with Accuro. All activities must be booked in advance. |
| HOW MUCH? | Cost varies depending upon the activity, from £15 upwards |
| TO BOOK Contact details | Contact Club Co-ordinator Rhiannon Blake 01279 870297 or email rhiannon@accuro.org.uk |

Sam's Place Holiday Play Scheme

| Description of activities | Easter Play Scheme |
|----------------------------------|---|
| Dates of club or event | Monday 6th - Thursday 9th April Tuesday 14th - Friday 17th April |
| PROVIDER? | Sam's Place, Harlow |
| WHO? Those eligible to attend | Children and Young People registered at Sam's Place aged between 8 and 19 years |
| WHERE? | Harlow Fields School, Harlow |
| ANYTHING ELSE I SHOULD KNOW? | Packed lunch and change of clothes |

Any lunch or other arrangements, restrictions or kit to bring

HOW MUCH? Any cost to family when booking

то воок

Contact details

50 pence parental contribution

Email: deborah.jackson@harlow.gov.uk Mobile: 07730 750 375

Epping Forest Inclusion Project



| Description of activities | A programme of term-time and Holiday Activities |
|----------------------------------|--|
| Dates of club or event | Term time programme: Soccerability Mondays 4.30- 5.30pm Trampolining in Loughton on Tuesdays from 4, 5 or 6pm, Ongar on Wednesdays from 4 or 5pm. 1-hour sessions Non-contact Boxing Thursdays 6-7pm for ages 7 years+ Horse Riding Fridays from 4pm or 4.45pm. 30-minute sessions Horse-riding Saturdays from 12 or 12.30pm. 30-minute sessions Parent and Child Swimming Lessons Saturdays 4-5pm The Easter Holiday programme will be announced soon, sessions and activities will include: Chocolate Craft Workshop, Forest Fun Day, Multi Sports, Own a Pony and more! |
| PROVIDER? | Epping Forest District Council |
| WHO? Those eligible to attend | Children and young people with special educational needs and disabilities between the ages 3 – 25 years |
| WHERE? | Various venues, Epping, Loughton and Waltham Abbey |
| ANYTHING ELSE I SHOULD KNOW? | Please wear suitable clothing for outdoor activities |
| HOW MUCH? | Prices vary, please see online booking site below |
| TO BOOK Contact details | All places must be booked in advance. Book online at <u>https://eppingforestdc.bookinglive.com/</u> or call the booking line 01992 564 226 Like the Facebook page <u>https://www.facebook.com/EppingForestDisabilityForum/</u> to keep up to date with all the news. |







Fun Days at the Outdoor Centre

| Description of activities | Action packed days full of outdoor activities! |
|--|--|
| Dates of club or event | 15th March – Abseiling, Sensory Trail and Archery 8th April – Kayaking, Goat Show and Ropes Course 14th April – Zip Line, Woolly Jumper and Caving 17th May – Raft Building, Rockets and Climbing 31st May – Archery, Pond Dipping and Abseiling |
| PROVIDER? | Lambourne End Centre for Outdoor Learning |
| WHO? Those eligible to attend | Young People aged 8 years and over |
| WHERE? | Lambourne End Centre for Outdoor Learning, RM4 1NB (Transport can be provided from Saffron Walden, Bishops Stortford, Harlow or Epping) |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | Please wear clothing suitable for taking part in outdoor activities and bring a packed lunch. A change of clothes (including shoes) and a towel will be needed as some of the activities involve water. |
| HOW MUCH? Any cost to family when booking | £5 |
| ТО ВООК | Call or email Carolan for further details and a booking form: <u>carolan.casey@lambourne-end.org.uk</u> or 020 8500 3047 extension 221 Booking form and Fun Day leaflet can be found on the Lambourne End website: <u>https://www.lambourne-end.org.uk/shortbreaks</u> |

Easter Sessions Colchester



| Description of activities | Easter fun! Dancing, social time, egg box decorating and treats! Refreshments for grown-ups Booking essential, limited spaces – going fast! |
|----------------------------|--|
| Dates of club or event | 16th April 10 – 11.30am |
| PROVIDER? | diddi dance North Essex and South Suffolk |
| WHO? | Easter party for diddi dancers of all ages, siblings welcome |
| WHERE? | Stanway Village Hall, Colchester |
| HOW MUCH? | £4 per child for 1hr 30 min session |
| TO BOOK Contact details | Charlotte on 07722 605 395 / <u>charlotte.foxley@diddidance.com</u> or go to: <u>https://www.diddidance.com/diddi-dance-north-essex/</u> |



Easter Sessions Clacton

| Description of activities | Easter fun! Dancing, social time, egg box decorating and treats! Refreshments for grown-ups. Booking essential, limited space. |
|----------------------------|--|
| Dates of club or event | Friday 17th April 3pm - 4.30pm |
| PROVIDER? | diddi dance North Essex and South Suffolk |
| WHO? | Easter party for diddi dancers of all ages, siblings welcome |
| WHERE? | St Mark's Church Lymington Ave, Clacton, Essex |
| HOW MUCH? | £4 per child for 1hr 30 min session |
| TO BOOK Contact details | Charlotte on 07722 605 395 / <u>charlotte.foxley@diddidance.com</u> or go to: <u>https://www.diddidance.com/diddi-dance-north-essex/</u> |



Mistley Holiday Club

| Description of activities | Easter Holiday Kids Club |
|--|--|
| Dates of club or event | Open each day 8am – 6pm except Bank Holidays |
| PROVIDER? | Mistley Kids Club |
| WHO? | Ages 4 - 19 |
| WHERE? | Furze Hill village hall, Shrublands Rd, Mistley CO11 1HS |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | Collection from all local schools available for a small additional fee, including late collection from after-school activities |
| HOW MUCH? | £25.00 per day, Half-day £18.00 |

Mistley After School Club

A one-time £20 registration fee is payable for new families.

TO BOOK Contact details Call 07809176252 Follow us at <u>www.facebook.com/MistleyKidsClub</u>

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| Description of activities | After School Kids Club |
|--|--|
| Dates of club or event | Term-time Monday – Friday 3pm – 6.30pm |
| PROVIDER? | Mistley Kids Club |
| WHO? | Ages 4 - 19 |
| WHERE? | Furze Hill village hall, Shrublands Rd, Mistley CO11 1HS |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | Collection from all local schools available for a small additional fee, including late collection from after-school activities |
| HOW MUCH? | £8 per session, payable in full upon booking. |
| Any cost to family when booking | A one-time £20 registration fee is payable for new families |
| то воок | Call 07809176252 |
| Contact details | Follow us at www.facebook.com/MistleyKidsClub |

After-school sessions

| Description of activities | After-school diddi dance sessions in Colchester and Clacton |
|------------------------------|--|
| Dates of club or event | Colchester: Thursdays 3.45 – 5.15pm term-time Clacton: Tuesdays 3.45 - 5.15pm term-time |
| PROVIDER? | diddi dance North Essex and South Suffolk |
| WHO? | Children under 16 years |
| WHERE? | Stanway Rovers, New Farm Road, Colchester St Mark's Church, Lymington Ave, Clacton |
| ANYTHING ELSE I SHOULD KNOW? | Siblings welcome |
| HOW MUCH? | £2 per session |
| ТО ВООК | Charlotte on 07722 605 395 / <u>charlotte.foxley@diddidance.com</u> or go to: <u>https://www.diddidance.com/diddi-dance-north-essex/</u> |



InterAct Holiday activity programme



| Description of activities | A programme of Easter and half-term holiday activities |
|--|--|
| Dates of club or event | Easter Activities: Tues 7th April – Gaming Bus and Jump Street Wed 8 th to Thurs 9 th April – Essex Boys and Girls Club Overnight Tues 14th April – High Ropes and Counter Culture Wed 15th April – Lunch & Pop Divas at Chelmsford Civic Theatre Thurs 16th April – Murder Mystery Hunt and Escape Rooms Half-term Activities: Tues 26th May – Canalability Thurs 28 th May – Essex Boys and Girls Club outdoor activities Fri 29 th May – Clip & Climb and Jump Street, followed by BBQ |
| PROVIDER? | InterAct |
| WHO? | Young people with additional needs / disabilities aged 10-18 years |
| WHERE? | Various venues across Essex Meet for trips at Colchester United Football Stadium, CO4 5UP Meet for Essex Boys and Girls Club at St Mary's Church behind Layer Marney Tower, CO5 9UX For some Chelmsford events, meet at the venue / the Aspire Centre, please check programme for details. |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | Please see programme: http://www.interact.org.uk/activities/young-people/activity- programmes-and-booking-form |
| HOW MUCH? | Please see programme |
| TO BOOK Contact details | www.interact.org.uk/booknow For more info: 01245 608206 youngpeopleteam@interact.org.uk |



InterAct Term-time activities - Colchester InterAct

Description of activities

Term-time evening youth club including trips out

Dates of club or event

Every Tuesday night for 2 hours term-time

| PROVIDER? | InterAct |
|--|--|
| WHO? | Young people with additional needs / disabilities aged 10-18 years old |
| WHERE? | Various venues in and around Colchester |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | Please see programme: http://www.interact.org.uk/activities/young-people/activity- programmes-and-booking-form |
| HOW MUCH? | Please see programme |
| TO BOOK Contact details | www.interact.org.uk/booknow For more info: 01245 608206 youngpeopleteam@interact.org.uk |

InterAct Term-time activities - Tendring

InterAct

InterAct

| Description of activities | Term-time evening youth club including trips out |
|---|--|
| Dates of club or event | Wednesday nights fortnightly |
| PROVIDER? | InterAct |
| WHO? | Young people with additional needs / disabilities aged 10-18 years old |
| WHERE? | Various venues in Clacton / Harwich |
| ANYTHING ELSE I SHOULD KNOW? | Please see programme: |
| Any lunch or other arrangements, restrictions | http://www.interact.org.uk/activities/young-people/activity- |
| or kit to bring | programmes-and-booking-form |
| HOW MUCH? | Please see programme |
| ТО ВООК | www.interact.org.uk/booknow |
| Contact details | For more info: 01245 608206 |
| | youngpeopleteam@interact.org.uk |
| | youngpeopletourne interactory.uk |

InterAct Term-time activities - Clacton

| Description of activities | Centre-based youth group, activities from indoor gardening to drumming workshops |
|--|--|
| Dates of club or event | Every Thursday night term-time |
| PROVIDER? | InterAct |
| WHO? | Young people with additional needs / disabilities aged 10-18 years |
| WHERE? | Clacton County High School, Walton Road, Clacton CO15 6DZ |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | Please see programme: http://www.interact.org.uk/activities/young-people/activity- programmes-and-booking-form |
| HOW MUCH? | Please see programme |

Colchester and Tendring

17

www.interact.org.uk/booknow For more info: 01245 608206 youngpeopleteam@interact.org.uk

Royal Association for Deaf People



| Description of activities | Cooking Workshop hosted by AlphaBake Cookery |
|---------------------------|---|
| Dates of club or event | Saturday 21 st March 10am – 3pm |
| PROVIDER? | RAD (Royal Association for Deaf People) |
| WHO? | Young people with hearing difficulties aged 6 – 18 years |
| WHERE? | Chelmsford |
| HOW MUCH? | £10 per child includes lunch |
| то воок | Call 0300 688 2525 / 07985 168417 Email <u>cft@royaldeaf.org.uk</u> or Text Phone 0300 6882527 |

Royal Association for Deaf People



| Description of activities | Streetlife young driver education |
|---------------------------|---|
| Dates of club or event | Sunday 1 st March |
| PROVIDER? | RAD (Royal Association for Deaf People) |
| WHO? | Young people with hearing difficulties aged 14 years upwards |
| WHERE? | Colchester United Football Stadium |
| HOW MUCH? | £15 per lesson |
| ТО ВООК | Call 0300 688 2525 / 07985 168417 Email <u>cft@royaldeaf.org.uk</u> or Text Phone 0300 6882527 |

RAD Easter Party



| Description of activities | Easter party with fun and games, magic show with Magic Stephanie and a special surprise guest |
|---------------------------|---|
| Dates of club or event | Saturday 4 th April, 2-4pm |
| PROVIDER? | RAD (Royal Association for Deaf People) |
| WHO? | Young people with hearing difficulties of all ages, parents, carers and siblings |
| WHERE? | Chelmsford |
| HOW MUCH? | £3 per child |
| то воок | Call 0300 688 2525 / 07985 168417 Email <u>cft@royaldeaf.org.uk</u> or Text Phone 0300 6882527 |
| | |





Together with Deaf people, creating a better, more accessible future



Saturday 4th April 2020



with Magic Stephanie

With a special surprise guest!

Come and enjoy this fantastic magic show and join in with the



Multi sports session



| Description of activities | Sporting opportunities in mainstream facilities for people who face barriers to participation. All sessions are supported by a health professional and are fun and inclusive |
|------------------------------|--|
| Dates of club or event | Sessions during Easter and May half-term. Dates tbc |
| PROVIDER? | Sport for Confidence |
| WHO? | Young people aged 6 – 13 years |
| WHERE? | Colchester Leisure World, Cowdray Ave, Colchester CO1 1YH |
| ANYTHING ELSE I SHOULD KNOW? | Siblings welcome, places to be booked in advance |
| HOW MUCH? | £5 per participant for a 2-hour session |
| ТО ВООК | For booking and information email info@sportforconfidence.com |



Aspire, Share, Create Youth Theatre



Aspire Club Nights



mercury theatre colchester

| Description of activities | Club nights designed for young people with special educational needs and disabilities. A great opportunity to have fun, meet new friends and develop their communication skills. Featuring a DJ, disco lights, face painting and more |
|---------------------------|---|
| Dates of club or event | Fridays from 6.30pm 27 th March, 29 th May, 31 st July |
| PROVIDER? | Mercury Theatre |
| WHO? | Young people aged 7-18 years |
| WHERE? | Abbey Field Centre, Colchester |
| HOW MUCH? | £3 per young person. Parent/carers go free but must book a ticket |
| ТО ВООК | For booking and information call 01206 573948 or visit https://www.mercurytheatre.co.uk/ |

Butterflies Clubs



| Description of activities | Personalised activity packages including hall-based sessions, community activities and days out. |
|------------------------------|---|
| Dates of club or event | Term-time and Holiday sessions |
| PROVIDER? | Butterflies Clubs |
| WHO? | Children and Young People aged 8-18 with a Shortbreaks passport number |
| WHERE? | Groups in Basildon, Chelmsford, Braintree, Colchester |
| ANYTHING ELSE I SHOULD KNOW? | We will discuss your child, their interests and needs and let you know what we have on offer that is suitable for them. |
| HOW MUCH? | Dependent on package chosen |
| то воок | Email jen@butterfliesclub.co.uk |



Swimming Club

| Description of activities | Disability Swimming |
|------------------------------|--|
| Dates of club or event | Tuesday, Wednesday, Thursday & Saturday evenings, Term-time and School Holidays |
| PROVIDER? | Colchester Phoenix Amateur Swimming Club |
| WHO? | Anybody with a physical or learning disability |
| WHERE? | Leisure World and The Garrison Pool, Colchester |
| ANYTHING ELSE I SHOULD KNOW? | Bring your swimming kit |
| HOW MUCH? | Costs vary, dependent on the session and number of sessions |
| TO BOOK Contact details | Visit: <u>https://www.colchesterphoenixasc.org.uk</u> Places are limited. Enquiries via message on Facebook: <u>https://www.facebook.com/ColchesterPhoenixASC/</u> |



Butterflies Clubs

| Description of activities | Personalised activity packages including hall-based sessions, community activities and days out. |
|--|---|
| Dates of club or event | Term-time and Holiday sessions |
| PROVIDER? | Butterflies Clubs |
| WHO? | Children and Young People aged 8-18 with a Shortbreaks passport number |
| WHERE? | Groups in Basildon, Chelmsford, Braintree, Colchester |
| ANYTHING ELSE I SHOULD KNOW? Any lunch or other arrangements, restrictions or kit to bring | We will discuss your child, their interests and needs and let you know what we have on offer that is suitable for them. |
| HOW MUCH? | Dependent on package chosen |
| ТО ВООК | Email jen@butterfliesclub.co.uk |

Inclusive BikeKlubz



| Description of activities | Inclusive sessions using a variety of adaptive trikes for all abilities |
|---------------------------|---|
| Dates of club or event | Every Saturday 11.00am - 1.00pm |
| PROVIDER? | Trailnet CIC |
| WHO? | Young People between the ages of 4 and 25 years |
| WHERE? | Trailnet CIC at Thorndon Country Park, Brentwood CM13 3RZ |
| HOW MUCH? | £5 per trike |
| ТО ВООК | Contact Trailnet for further details office@trailnet.org.uk |



BOSP Saturday Club

| Description of activities | BOSP Saturday Club |
|---------------------------|--|
| Dates of club or event | Saturdays 10:00 to 15:30 25th April - The Very Hungry Caterpillar 2nd May - How does my Garden Grow? 9th May - Jungle Fever 16th May - Fishy Friends 6th June - We Love Nature 13th June - The Good Dinosaur 20th June - We Love our Dads |
| | 27th June - Jiggling Jellyfish |

| PROVIDER? | BOSP (Brighter Opportunities for Special People) |
|----------------------------------|--|
| WHO? | Children and Young People aged 4 to 18 years |
| WHERE? Venue or meeting place | The Pioneer School Ghyllgrove, Basildon, Essex, SS14 2LA |
| ANYTHING ELSE I SHOULD KNOW? | Please bring packed lunch, drinks and swimming kit |
| HOW MUCH? | Contact the BOSP Office for details |
| ТО ВООК | Limited spaces available. Telephone: 01268 553117 Email: <u>bookings@bosp.co.uk</u> |



BOSP Holiday Club

| Description of activities | Easter 2020 Holiday Club |
|------------------------------|--|
| Dates of club or event | Session times 10:00 to 15:30 |
| | Monday 6th April - Cheeky Chicks |
| | Tuesday 7th April - Sensory Exploration |
| | Wednesday 8th April - Easter Parade |
| | Thursday 9th April - Music Madness |
| PROVIDER? | BOSP (Brighter Opportunities for Special People) |
| WHO? | Children and Young People aged 4 to 18 years |
| WHERE? | The Pioneer School |
| | Ghyllgrove, Basildon, Essex, SS14 2LA |
| ANYTHING ELSE I SHOULD KNOW? | Please bring packed lunch, drinks and swimming kit |
| HOW MUCH? | Contact the BOSP Office for details |
| ТО ВООК | Limited spaces available, telephone: 01268 553117 or email: bookings@bosp.co.uk |



SNAP Holiday Club

| Description of activities | Easter and half-term Holiday Sessions |
|---------------------------|---|
| Dates of club or event | Range of sessions for young people registered with SNAP: SNAP Diddlies – Ages 0 to 5. Pre-school sessions include free- choosing play, soft play, arts and crafts, specialist IT suite, multi- sensory room |
| | Stay 'n' Play – Ages 6 to 11. Sessions include free-choosing play, soft play, arts and crafts, specialist IT suite, multi-sensory room |
| | SNAP+ - Ages 12 to 25. Club includes indoor tabletop games, outdoor ball games, arts and crafts, specialist IT suite and multi- sensory room |
| | Sensorise – Sessions for ages 0 to 25 with profound or complex needs, includes tactile, creative fun with art and messy play, 1:1 stimulation in the multi-sensory room, music area for exploring sound and rhythm using instruments; tuition / help in the IT suite |

| PROVIDER? | SNAP (Special Needs And Parents) |
|------------------------------|--|
| WHO? | 0-25 year olds who are registered with SNAP |
| WHERE? | The SNAP Centre, Pastoral Way, Warley, Brentwood, CM14 5WF |
| ANYTHING ELSE I SHOULD KNOW? | Parents are supported while activity sessions are running. Parents can relax together, use the library or speak to an adviser. |
| HOW MUCH? | Holiday sessions - £5 per family per session |
| ТО ВООК | Call 01277 211300 or email info@snapcharity.org |



SNAP After-School Clubs

| Description of activities | After-School Clubs |
|------------------------------|--|
| Dates of club or event | After-school clubs include Yoga, Drama and activity sessions for children and young people registered with SNAP |
| PROVIDER? | SNAP (Special Needs And Parents) |
| WHO? | 0-25 year olds who are registered with SNAP |
| WHERE? | The SNAP Centre, Pastoral Way, Warley, Brentwood, CM14 5WF |
| ANYTHING ELSE I SHOULD KNOW? | Parents are supported while activity sessions are running. Parents can relax together, use the library or speak to an adviser. |
| HOW MUCH? | After-School Clubs - £5 per session |
| ТО ВООК | Call 01277 211300 or email info@snapcharity.org |

3 - 19 Saturday and Holiday Clubs



| Description of activities | Respite environment. Enjoy a variety of activities ranging from cooking and arts & crafts as well as trips out into the community |
|------------------------------|---|
| Dates of club or event | Every Saturday 10am-3pm Easter Holiday club Monday to Saturday 10am - 3pm |
| PROVIDER? | SHARE (Safe Haven and Respite Environment) |
| WHO? | Children and Young people with Special Educational Needs aged 3-19 years. |
| WHERE? | SHARE, The Fryth, Basildon SS14 3PE |
| ANYTHING ELSE I SHOULD KNOW? | Please bring a packed lunch and a change of clothes |
| HOW MUCH? | Contact SHARE office for more details. |
| ТО ВООК | share.enquiries@gmail.com 01268 521691 |

16 – 25 years Saturday and Holiday Clubs



| Description of activities | Enjoy a relaxed environment and take part in a range of activities including music, games, arts and trips out |
|------------------------------|--|
| Dates of club or event | Saturday Club every other Saturday 10am – 3pm Holiday Club 10am – 3pm on Tuesdays, Wednesdays and Thursdays during Easter Holidays |
| PROVIDER? | SHARE (Safe Haven and Respite Environment) |
| WHO? | Young adults with Special Educational Needs aged 16-25 years. |
| WHERE? | USP College, Seevic Campus, Runnymede, Chase, Benfleet SS7 1TW |
| ANYTHING ELSE I SHOULD KNOW? | Please bring a packed lunch and a change of clothes |
| HOW MUCH? | Contact SHARE office for more details. |
| то воок | share.enquiries@gmail.com 01268 521691 |



Easter Holiday Workshop Days

| Description of activities | Performing arts-based holiday workshops |
|------------------------------|---|
| Dates of club or event | Tuesday 7 th , Thursday 9 th April Tuesday 14 th and Thursday 16 th April. |
| PROVIDER? | Mushroom Theatre Company |
| WHO? | Children and Young People with additional needs up to 19 years |
| WHERE? | 29 Brook Rd Industrial Estate, Rayleigh SS6 7XJ |
| ANYTHING ELSE I SHOULD KNOW? | We provide a buddy for your child to support them to participate in and enjoy the workshop |
| HOW MUCH? | £12 per day for residents of Essex County Council (excludes Southend and Thurrock) |
| ТО ВООК | For booking and information call 01268 906470 / 07985 422845 https://mushroomtheatre.co.uk/short-breaks-workshops/ |